

Editorial Note

International Summit on Depression, Anxiety and Stress Management August 10-11, 2020 Webinar

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We had a huge success with the completion of **International Summit on Depression, Anxiety and Stress Management August 10-11, 2020 Webinar**. The significance of the meeting was achieved due to the accumulation of all the related group of spectators of research scientists to share their Knowledge, Research work, Technologies, and furthermore trade of worldwide Information towards the correct crowd at ideal time. Congress has received a generous response from all over the world. This has been organized with the aim of endorsing the development of new perceptions and ideas for investigating the high level of knowledge reached by scientific community in the field of Psychology.

The conference was organized around the theme "*Leading Innovations and Approaches towards Stress Management, Anxiety and Depression*". The congress entrenched a firm relation of future strategies in the field of Psychology.

We would like to thank all the participants and following speakers:

- Sam Vaknin, Southern Federal University, Russia
- John Kennedy, Neuroplastician, the Mental Performance Institute, USA
- Ryan Zia Arslan, Karaganda Medical University, Kazakhstan

We would like to thank each and every participant of Stress Meet 2020 conference to make this a huge success. And special thanks to media partners for the promotion of our event.

The ConferenceSeries LLC LTD Stress Meet 2020 Conferences aim to bring together the prominent researchers academic scientists, and research scholars to exchange and share their experiences on all aspects of Depression, Anxiety and Stress Management. It is conjointly a knowledge domain platform for researchers, practitioners and educators to gift and discuss the foremost recent advances, trends, and issues in addition as sensible challenges and solutions adopted in the fields of Psychology.